

# 2018/2019 Competency-Based Task/Competency List for Practical Nursing II (8358/18 weeks, 280 hours)

**NOTE: This course has specific state laws and regulations from a governing medical board or agency. Please contact the Virginia Department of Education, Office of Career and Technical Education prior to implementing this course. All inquiries may be sent to [cte@doe.virginia.gov](mailto:cte@doe.virginia.gov).**

All tasks are considered essential statewide and are required of all students.

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Definitions  Questions  Related SOLs  Other Related Standards print

## Demonstrating Workplace Readiness Skills: Personal Qualities and People Skills

1. [Demonstrate positive work ethic.](#)
2. [Demonstrate integrity.](#)
3. [Demonstrate teamwork skills.](#)
4. [Demonstrate self-representation skills.](#)
5. [Demonstrate diversity awareness.](#)
6. [Demonstrate conflict-resolution skills.](#)
7. [Demonstrate creativity and resourcefulness.](#)

## Demonstrating Workplace Readiness Skills: Professional Knowledge and Skills

8. [Demonstrate effective speaking and listening skills.](#)
9. [Demonstrate effective reading and writing skills.](#)
10. [Demonstrate critical-thinking and problem-solving skills.](#)
11. [Demonstrate healthy behaviors and safety skills.](#)
12. [Demonstrate an understanding of workplace organizations, systems, and climates.](#)
13. [Demonstrate lifelong-learning skills.](#)
14. [Demonstrate job-acquisition and advancement skills.](#)
15. [Demonstrate time-, task-, and resource-management skills.](#)
16. [Demonstrate job-specific mathematics skills.](#)
17. [Demonstrate customer-service skills.](#)

## **Demonstrating Workplace Readiness Skills: Technology Knowledge and Skills**

18. [Demonstrate proficiency with technologies common to a specific occupation.](#)
19. [Demonstrate information technology skills.](#)
20. [Demonstrate an understanding of Internet use and security issues.](#)
21. [Demonstrate telecommunications skills.](#)

## **Examining All Aspects of an Industry**

22. [Examine aspects of planning within an industry/organization.](#)
23. [Examine aspects of management within an industry/organization.](#)
24. [Examine aspects of financial responsibility within an industry/organization.](#)
25. [Examine technical and production skills required of workers within an industry/organization.](#)
26. [Examine principles of technology that underlie an industry/organization.](#)
27. [Examine labor issues related to an industry/organization.](#)
28. [Examine community issues related to an industry/organization.](#)
29. [Examine health, safety, and environmental issues related to an industry/organization.](#)

## **Addressing Elements of Student Life**

30. [Identify the purposes and goals of the student organization.](#)
31. [Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.](#)
32. [Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects.](#)
33. [Identify Internet safety issues and procedures for complying with acceptable use standards.](#)

## **Demonstrating Processes of Infection Prevention and Control**

34. [Identify Occupational Safety and Health Administration \(OSHA\) regulations and guidelines.](#)
35. [Demonstrate appropriate hand-hygiene techniques.](#)
36. [Demonstrate how to clean instruments and supplies.](#)
37. [Demonstrate isolation procedures to include personal protective equipment \(PPE\) as it applies to the Centers for Disease Control and Prevention \(CDC\) regulations on disease processes.](#)
38. [Demonstrate double-bagging technique.](#)
39. [Demonstrate the handling and disposal of contaminated material.](#)
40. [Demonstrate medical asepsis.](#)

41. [Demonstrate surgical aseptic techniques.](#)

## **Mastering Nursing Competencies/Skills in the Clinical Setting**

42. [Demonstrate assessment procedures as outlined in the Board of Nursing Regulations in a laboratory and/or clinical setting.](#)
43. [Demonstrate measuring and recording intake and output in a laboratory and/or clinical setting.](#)
44. [Demonstrate alternate feeding methods and techniques in a laboratory and/or clinical setting.](#)
45. [Demonstrate appropriate body mechanics in a laboratory and/or clinical setting.](#)
46. [Explain procedures and law regarding use of mobility equipment in a laboratory and/or clinical setting.](#)
47. [Maintain a safe and controlled environment within laboratory and clinical environments.](#)
48. [Identify prevention of, and appropriate response to, situations of domestic violence within laboratory and clinical environments.](#)
49. [Perform procedures related to American Heart Association \(AHA\) first aid and emergency care in a laboratory and/or clinical setting.](#)
50. [Identify environmental safety precautions and procedures within laboratory and clinical environments.](#)
51. [Demonstrate range of motion in a laboratory and/or clinical setting.](#)
52. [Explain the admission, transfer, and discharge procedures of a clinical setting.](#)
53. [Perform procedures related to personal hygiene and activities of daily living \(ADL\).](#)

## **Understanding Fluid and Electrolyte Balance**

54. [Explain the role of fluids in maintaining homeostasis.](#)
55. [Describe the major types of acid-base imbalances.](#)
56. [Describe the principles of intravenous \(IV\) therapy.](#)

## **Applying Concepts Related to Wellness and Illness**

57. [Explain physiological and psychosocial aspects of the illness and disease process.](#)
58. [Demonstrate a head-to-toe assessment.](#)
59. [Identify common diagnostic procedures.](#)
60. [Identify common treatment modalities.](#)
61. [Apply the nursing process as it relates to the surgical patient/client.](#)
62. [Apply the nursing process to a client with neoplastic disease \(cancer\).](#)
63. [Apply the nursing process to a client with acquired immunodeficiency syndrome \(AIDS\).](#)

## **Understanding Principles of Growth and Development**

64. [Identify global health influences on growth and development across the lifespan.](#)

65. [Examine principles of growth and development across the lifespan.](#)
66. [Summarize theories of growth and development across the lifespan.](#)
67. [Describe the influences of heredity and environment on growth and development across the lifespan.](#)
68. [Explain growth and development of the infant.](#)
69. [Explain growth and development of the toddler.](#)
70. [Explain growth and development of the preschooler.](#)
71. [Explain growth and development of the school-aged child.](#)
72. [Explain growth and development of the adolescent.](#)
73. [Explain growth and development of the young adult.](#)
74. [Explain growth and development of the middle adult.](#)
75. [Explain growth and development of the older adult.](#)

## **Understanding Concepts of Grief, Death, and Dying**

76. [Describe the stages of death and dying.](#)
77. [Identify the major fears of the dying client.](#)
78. [Identify signs and symptoms of approaching death.](#)
79. [Describe the grieving process.](#)
80. [Identify a nurse's responsibilities associated with the death of a client.](#)
81. [Apply the nursing process for a client with palliative care needs.](#)

## **Introducing Concepts of Medication Administration**

82. [Identify general principles of pharmacology.](#)
83. [Identify principles of pharmacodynamics/pharmacokinetics.](#)
84. [Explain the principles of medication administration.](#)
85. [Calculate medication dosages.](#)

## **Describing the Opioid Crisis**

86. [Describe the history and current state of the opioid crisis in the United States.](#)
87. [Describe the history and current state of the opioid crisis in Virginia.](#)
88. [Define the pharmacological components and common uses of opioids.](#)

## **Examining the Key Factors of Drug Addiction**

89. [Examine the science of addiction.](#)
90. [Explain prevention and early intervention strategies.](#)
91. [Identify addiction and its behavioral elements, as defined by the Diagnostic and Statistical Manual of Mental Disorders \(DSM-5\).](#)
92. [Describe the treatment models of addiction therapy.](#)
93. [Describe the medication management antidote used to prevent fatal opioid overdoses.](#)

## Understanding Pain Management Protocols

94. [Explain the science of physiological and mental pain.](#)
95. [Describe the diagnostic tools used in developing pain management plans.](#)
96. [Describe pain treatment options available to various populations of patients.](#)
97. [Describe the effects of opioid dependency on the human body systems.](#)
98. [Explain the mechanism and physical effects of opioids on the human body.](#)
99. [Explain the use of opioids in practice settings, the role of opioids in pain management, and risk factors associated with the use of the medication.](#)
100. [Describe the withdrawal and tapering side effects of opioid use.](#)
101. [Describe storage and disposal options for opioids.](#)
102. [Explain community resources for education about opioid use.](#)

## Working with Patients and Caregivers

103. [Describe key communication topics involving opioids for patients.](#)
104. [Describe communication topics for caregivers and family members.](#)



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